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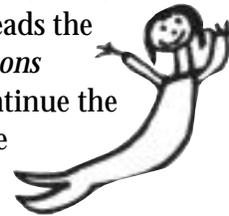
Building Community

Pantomime Games

Participants mirror each other in silence. This exercise has the participants focusing on each other to mirror the actions of the person modeling the movements. Initially, and periodically the teacher leads the mirroring activity to model effective movements. It is very important to regularly have students lead the mirroring. These exercises are very effective community builders that build collaboration and the ability to focus. They are excellent for transitions.

Group Mirror

One person stands facing everyone in the class. They can stand anywhere in the class. It is important everyone has a clear view of the person leading the movement. All participants should stand clear of any objects or furniture. The order of modeling could be: moving arms; moving arms and hands; moving arms, hands, and fingers; moving arms, hands, fingers, and head; moving arms, hands, fingers, head, and torso; moving arms, hands, fingers, head, torso, and elements of the head (e.g. the eyes). The person who is the *mirror* leads the participants for approximately 30 seconds, then says freeze, with all the *reflections* now a stop motion of their movements. Then upon hearing continue they continue the reflection of the mirror. Group mirror is very effective to quickly start with the students participating from wherever they are in the class.



Circle Mirror

The class, including the teacher stand in a circle allowing room for arm movement. The teacher can initially take the lead as the *mirror*. The person who is the *mirror* leads the participants for approximately 30 seconds (one student can be the timekeeper), then says freeze, with all the *reflections* now a stop motion of their movements. The mirror then selects another person to become the new *mirror*. The *reflections* now imitate the motions of the new *mirror*. The *reflections* now have a full view of the *mirror* allowing additional motions beyond those listed in Group Mirror including: moving up and down; moving legs and feet; and whole body movement. Circle mirror is excellent as a collaborative community builder with equal focus upon each other. It is very effective when students will be changing their location in the room. The circle could be formed at the location of the next classroom activity.

Duet Mirror

Very similar to exercises and actions in Circle and Group Mirror. The students would stand up and face a partner. Everyone, including the teacher (model), pair with someone in the classroom. They select a mirror person in each pair. They then start until they hear the word freeze in approximately thirty seconds (student timekeeper). The reflection now becomes the mirror. If there are an odd number of people in the class, there can be one group of three.

Detective

Conducted similarly to Circle Mirror. One person who is chosen as the *detective* turns around (or leaves the room). A person is selected to be the *mirror* without the detective hearing or seeing the selection. The *detective* is invited back into the circle and/or room, where they will try to determine who the lead *mirror* is.

Zoom

In a circle students orally pass the word *zoom* around from one person to another. The exercise moves rapidly to build and sustain community involvement. Extensions include switching directions, multiple zooms at one time, students leading zoom, use of different polygons to form the 'circle' (e.g. square), & other words to build vocabulary. Initially introduce with students sitting in a circle with their legs crossed, sitting up straight, and their hands in their laps. The students are modeled and asked to have their knees touching their neighbors knees to form a tight circle.

In-Motion

Very similar to mirroring except in addition to movement, sounds and more extensive movements are incorporated. In the beginning a suggested rule is to keep your feet on the ground and stay where you are standing. One person (initially the teacher) does a motion (movement and sound), then everyone repeats the modeled motion. Then another person in the circle does a motion followed by everyone repeating the modeled motion. The order could be determined from a caller who selects the next person or in order around the circle.

Fruit Basket

The class sits in a circle on chairs. One person stands in the middle. The participants are equally divided between three fruits (e.g. apple, orange, and pineapples). When one fruit is called by the middle person (e.g. apples), all the apples change chairs including the middle person. The person 'out' becomes the next caller. If a *caller* says fruit basket all participants have to change.

Frozen-in-Motion

The leader and participants sit on their chairs. Initially have the participants feel the floor, feel the chair, and feel the space they are in. This can be done with eyes open or closed. The participants are then directed to feel and replicate an emotion (e.g. boredom, surprise, mad, etc.). The leader (teacher or student) then says 'freeze'. Everyone then freezes as a statue. The leader now says 'we are now in the museum of ____.' Everyone is then asked to focus on one person who remains a statue. Have the viewers focus on a particular part of the *statue person*. Elicit vocabulary to describe different body emotions of the statue person. The vocabulary could be recorded to use on a word wall. This is an excellent exercise leading to a tableau for recreating a part(s) of a story to stimulate and generate discussion.

